

# Feelings Children Have

*All children who have been molested have some worries and feelings they don't like and may not understand. Listed below are some of the feelings children have had. Please check or color over those feelings you may be having or have had:*

- "The touching was my fault."
- "I wish I could hurt the person who touched me."
- "I caused a lot of problems."
- "I'm really mad."
- "I feel different from other kids my age."
- "I did something wrong."
- "I feel really sad all the time."
- "I should have told sooner."
- "I should be in trouble too."
- "I'm going to get in trouble."
- "I'm really scared, and I don't know what to do."
- "I should have been able to stop the touching."
- "I made more trouble by telling."
- "Nobody understands how I feel."

Other feelings you have had:

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